

Streets Ahead

Our wrap-up of what's been happening in your community



St George
Community
Housing

Our new Liverpool office is now open

We have said goodbye to our Hurstville office and relocated to Liverpool – with no impact on other St George Community Housing offices. You will find us on Level 4, 50 Scott Street Liverpool, in the brand-new Liverpool Civic Place. Our phone number is 1800 573 370 and our postal address is PO Box 888, Liverpool NSW 1871. Our Hurstville office is permanently closed and we look forward to welcoming you to Liverpool.



Strive Scholarship applications open soon – get set to apply

Every year we award Strive Scholarships to help students and their families with the cost of education, including school fees, stationery, computers, school excursions and sports equipment.

Applications for Kindergarten to Year 12 students are open from 1 October to 31 October.

Primary school scholarships are worth \$500 and high school scholarships are worth \$1000. Information sessions will be held at SGCH

offices throughout October to help answer any questions and assist you with completing your application.

You can go to <https://www.sgch.com.au/your-tenancy/scholarships-loans-rewards/strive-scholarships/> or call 1800 573 370 to find out more.

Or simply scan the QR code at right for more details.

Successful applicants will be notified in January.




 Find out more online at [sgch.com.au](https://www.sgch.com.au)



Spring tip: As the weather warms up it is important to remember to keep gardens hydrated – watering before 10am and after 4pm, when the sun is low, reduces water loss through evaporation.

Community news

 R U OK? DAY gatherings were held at SGCH offices and communities in September to remind everyone of the importance of social connection – reach out and start a conversation, it could change a life!



Sharing our recipe for a good time

The OzHarvest NEST (Nutrition Education Skills Training) program has been incredibly popular with SGCH customers enjoying the free sessions over six-weeks. Designed to provide easy-to-learn skills around food safety and storage, plus how to cook nutritious and delicious meals on a budget, NEST also provides an excellent way to share recipes and tips with friends and neighbours in your community. Keep an eye out for new dates for the NEST program and reserve your spot by calling 1800 573 370.



Proudly celebrating Aboriginal culture

SGCH proudly took part in a range of NAIDOC Week activities, including the opening of our Bush Tucker Garden at Bonnyrigg with a smoking ceremony and feast of native tastes like emu and crocodile. We held a gathering at Redfern to create the Hands of Gibbons art piece, designed to represent the many hands that keep the fire burning and celebrate the culture of Aboriginal and Torres Strait Islander peoples. We also sponsored the 3Bridges community NAIDOC Youth & Family Day, and collaborated with Bridge Housing and City West Housing at the Inner City NAIDOC Family Fun Day.

Get involved – what's coming up soon?

OzHarvest NEST in Turrella

Join OzHarvest for a 6-week program to learn about healthy eating and easy, affordable cooking in a friendly and fun environment. The sessions run from 25 October in the SGCH Turrella Community Room, 1A Victoria St Turrella, 10.30am-1.00pm. RSVP is essential – please call Wing on 9001 4493.

Stroke Safety

Did you know more than 80% of strokes can be prevented? Join us at the SGCH Riverwood Community Room

for a free talk presented by Stroke Foundation Australia. Learn what a stroke is, and how to prevent it. Thursday 17th October 10am-11am.

Artarmon Community Hearts walking group

Get moving and enjoy some great company! The Artarmon Community Hearts walking group sets off on a weekly stroll on Tuesdays from 12pm to 1.30pm, leaving from the community room at 15-17 Barton Road, Artarmon. A light lunch is provided.

Light Up Riverwood

It's time to start thinking

about Light Up Riverwood – the Festive Season is less than 12 weeks away and Christmas decorations are already appearing in shops. We will be looking for the Best Christmas Tree display (indoors) and the Best Light Up Balcony Display (outdoors). Pick up a flyer at the Riverwood office.

SGCH Membership

All tenants can become SGCH Members, attend the Annual General Meeting, and ask questions of the CEO and Board. Membership is free, call 1800 573 370 for more information.